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Optometrist

Generations

Family Eyecare

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Fort Wayne, IN
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Patient Name Address

Your Appointment:

Date:

Time:

Low Vision Visit Checklist

- Medication list
- Medical history summary
- Insurance information
- Current low vision devices
- Current glasses
- Sample materials for reading or viewing
- Spouse, family member or a close friend
- Goals

Goals:

Please plan to arrive 10 - 15 minutes before your appointment time to allow us to process your paperwork and answer any questions that you may have. Your visit will last approximately 2 hours. If for any reason you need to reschedule your appointment, kindly give 48 hours notice so that we may accommodate another patient's needs.

Welcome

You have scheduled an appointment for a low vision examination. For your convenience, we have enclosed your paperwork, a map to our office and this handout with information and suggestions about how to best prepare for your visit.

It is critical to understand that low vision rehabilitation and devices cannot restore lost vision. As the word “rehabilitation” suggests, the goal of your visit is to learn skills and select the appropriate assistive devices to allow you to participate in activities that you enjoy despite your visual impairments.

Before your visit, think about specific problems you are having at home, work or school because of your vision. This may include problems with reading, seeing faces, watching TV, walking, shopping, playing cards, sewing, knitting, woodworking or other social and recreational activities. Also note whether you are sensitive to light or can no longer see colors. As you make your list, think about goals that you would like to achieve. Some of your problems may not be helped by the options available, but you don't know until you ask. On the enclosed checklist, you can write a list of your problem areas along with your goals and bring it with you to your appointment.

In order for the doctor to better understand your current situation, please bring any glasses, sunglasses or magnifying glasses you are presently using. If you have any special materials such as forms, books, photos or needlepoint, bring a small sampling of them to the examination as practice materials or examples to explain your needs.

We encourage you to bring a supportive spouse, family member or close friend to the exam. The Low Vision rehabilitation process may include changes in your habits and sometimes in your environment. Support from loved ones enhances the whole process.

If possible, please contact your optometrist or ophthalmologist and ask them to send us a copy of your most current eye exam and any

special test results such as visual field tests. This information will help the doctor and improve the efficiency of your visit.

As with any doctor visit, please bring your medical history including current conditions, past major illnesses, major surgeries and a list of your current medications. If you would like us to bill your insurance, please bring your insurance cards. Some insurance companies will cover part of a low vision evaluation and rehabilitation. Most do not cover low vision aids. If you are unsure of your coverage, please contact your insurance company for more details.

The evaluation will begin with a medical history and a thorough discussion of your goals and expectations. Your visit will last approximately 2 hours. You will receive a comprehensive eye exam and your present visual ability will be determined using special lighting and charts designed specifically for the visually impaired.

Once the doctor has examined your eyes, he will then discuss your rehabilitation options. Depending on your goals, treatments may include training exercises, adaptive devices or low vision aids.

This will be your initial visit. We may need to see you more than once to design the most helpful combination of education and low vision aids. During the follow-up visits, we will make sure you know how to use any new low vision aids that you may have chosen and answer any questions you may have.

Remember that success of low vision rehabilitation depends greatly on your motivation. Willingness to learn, adapt and change the way in which tasks are performed will greatly improve your success.

We look forward to working with you. If you have questions about your appointment or need further directions, please feel free to contact our office.